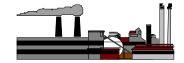
#### **Cancer Facts**

- Cancers as a group are very common. One of every three American women and one of every two men will eventually have some type of cancer.
- Most cancers are preventable
- Cancer is not usually caused by one factor alone. It is usually the
  result of a combination of factors, including lifestyle, heredity, and
  environment, which interact in ways that are not yet fully
  understood.
- Different types of cancers have differing rates of occurrence, causes, and chances for survival. Therefore, we cannot assume that all the different types of cancers in a community or workplace share a common cause
- Most types of cancers occur among people over 45 years of age.
- When a community, neighborhood, or workplace consists primarily of people over the age of 45, particularly over the age of 60, we would expect more cancers than in a neighborhood or workplace of diverse ages.
- Although serious diseases of children including cancer are rare, it should be noted that, of those deaths that do occur in childhood, cancer is the second leading cause.
- Environmental exposure to certain chemicals or other agents in the workplace, community, or home can increase the risk of cancer.

#### **Cancer and the Environment**

It is common for people to suspect that cancer is caused by an environmental exposure. In most cases, when several people within the same geographic area or workplace have cancer, it is the result of chance without a direct link to a specific cause.





- Most environmental health scientists currently believe that less than 10 percent of cancers are related to toxic exposures.
- Cancer usually develops over many years, making it hard to pinpoint what caused the cancer. Researchers have a lifetime of habits and exposures to rule out to find a direct link, if it exists.
- For any chemical to cause cancers, it must enter the body through breathing the air, drinking water, eating food, or skin contact.
- A large number of cases of one type of cancer, as few as one
  or two cases of a rare type of cancer, or a number of cases of
  a more common type of cancer in younger than expected age
  group suggests a possible environmental cause.
- Even when information is collected and studied carefully, scientists are, more often than not, unable to adequately prove that an environmental exposure caused the cancer(s) being studied.

State cancer registries were first organized during the 1970s. Many public health scientists and citizens hoped that their shared experiences from what they have seen in groups of people with cancer in the community might lead to the discovery of specific cancer causes. Thousands of studies have taken place throughout the country, conducted mainly by local, state, and federal agencies. None of these investigations has led to the identification of any causes; even when a statistically higher number of cancers in a geographic area could be documented.

## To report your specific cancer concerns contact:

Epidemiology Resource Center Indiana State Department of Health 317.233.7807 www.in.gov/isdh/programs/environmental





Cancer research has brought remarkable advances against cancer in the areas of treatment, detection and diagnosis, prevention, technology, genetic discoveries, and much more. Specially trained professional staff can respond to calls in English or Spanish and on TTY equipment.

### For additional information on cancer in general contact:

National Cancer Institute Cancer Information Service at **1-800-4-CANCER** (1-800-422-6237). TTY 1-800-332-8615 http://www.cancer.org/



The Environmental Epidemiology Section provides leadership, investigative support, and resources in an effort to assess and resolve human health threats to chemical exposure.

# For more information on chemical exposures and health contact:

Environmental Epidemiology Indiana State Department of Health 317-233-7162

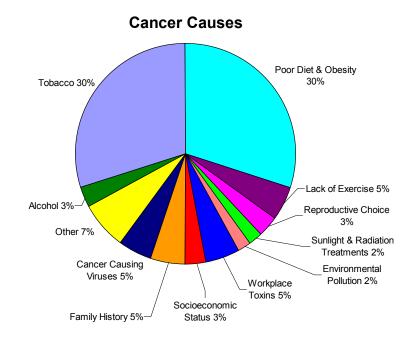
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Environmental Epidemiology 2 N. Meridian Street Indianapolis, IN 46204

# Fact Sheet on the Environment and Cancer

Public interest regarding the number of cancer cases often begins when someone's family member, neighbor, or co-worker is diagnosed with cancer. This close contact with cancer can bring an awareness of others who have cancer and may lead to the opinion that there is an unusually large number of neighbors or co-workers with cancer. It is common for people to suspect that the cancer cause is some toxic substance in the environment. However, it is clear that most cancers are caused by lifestyle choices.



Source: Harvard Report on Cancer Prevention Vol. 1: Causes of Human Cancer, Cancer Causes and Control, a journal of cancer studies.